

OCTOBER IS

FILIPINO AMERICAN HISTORY MONTH



CONTRA COSTA COUNTY
Office of Education

learn • lead • achieve

ELEMENTARY LEVEL

FILIPINO AMERICAN HISTORY MONTH

Use these materials to begin a conversation with elementary grade students about Filipino Americans, both their culture and their contributions.

GUIDING QUESTION

How have Filipino Americans contributed to the history and culture of both our state and country?



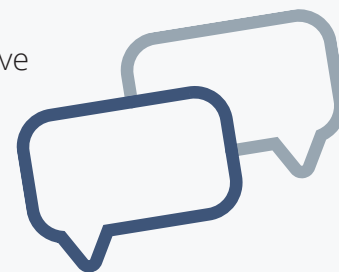
EXPLORE

- See where the **first Filipinos arrived in California and the United States** 33 years before the Pilgrims. <https://youtu.be/p6sTztHeW7E>.
- Watch and learn about the important role **Filipino Farm Workers** played in improving the working conditions for farmworkers across our nation. <https://ca.pbslearningmedia.org/resource/filipinos-fight-for-rights/asian-americans-video/>. This music video pays respect to **Larry Itliong**, the Filipino American labor leader who led these workers alongside Caesar Chavez. <https://youtu.be/f5Rljoj2ArU>
- Learn about **adobo**, the national dish of the Philippines, and the importance of other Filipino foods. <https://youtu.be/zwnhOpxoF2s>. Get in the kitchen to try making **lumpia**. <https://tasty.co/recipe/homemade-lumpia>
- Meet **Rob Bonta, California's first Filipino-American Attorney General**, and learn about his background and what he hopes to accomplish. <https://youtu.be/7jKZDG3cftE>
- Watch and learn about the **Congressional Medal of Honor** given to the **Filipino American World War II Veterans** after they and others fought for their recognition for over 70 years. <https://youtu.be/4eI-JpPpf5g>



EXPLAIN

- Based on these resources, share some examples of how Filipino Americans have contributed to the history and culture of our state and country.
- What questions might you ask Filipino Americans to learn more about their culture? (Social Justice Standard D.I.3-5.8)



ENGAGE FURTHER

- Learn how the **history of many Filipino Americans** can be traced back to **Stockton, CA**. <https://youtu.be/oX19ruCp90>
- Visit the **Asian Art Museum** and explore one of the **activities** curated to celebrate **Fil-Am culture and heritage**. <https://asianart.org/cultural-celebrations/celebrate-filipino-american-history-month/>
- Watch **Tinikling**, the National Dance of the Philippines. <https://youtu.be/kckR6wf5xe8>. Watch a **Bay Area dance group** perform Tinikling with a modern twist. <https://youtu.be/KR7fp5Ng75w>



SECONDARY LEVEL

FILIPINO AMERICAN HISTORY MONTH

Use these materials to begin a conversation with secondary grade students about Filipino Americans, both their culture and their contributions.

GUIDING QUESTION

How have Filipino Americans contributed to the history and culture of both our state and country?



EXPLORE

- See where the **first Filipinos arrived in California and the United States** 33 years before the Pilgrims. <https://youtu.be/p6sTztHeW7E>
- Watch and learn about the important role **Filipino Farm Workers** played in improving the working conditions for farmworkers across our nation. <https://ca.pbslearningmedia.org/resource/filipinos-fight-for-rights/asian-americans-video/>. This music video pays respect to **Larry Itliong**, the Filipino American labor leader who led these workers alongside Caesar Chavez. <https://youtu.be/f5Rljoj2ArU>
- Meet **film-maker, Patricio Ginesla**, and learn how his upbringing in the Filipino community in Daly City, CA, shaped his life and his cult classic film, *Lumpia*. <https://www.kqed.org/news/11883780/how-growing-up-in-daly-city-influenced-filmmaker-patricio-ginesla>
- Meet **Rob Bonta, California's first Filipino-American Attorney General**, and learn about his background and what he hopes to accomplish. <https://youtu.be/7jKZDG3cftE>
- Watch and learn about the **Congressional Medal of Honor** given to the **Filipino American World War II Veterans** after they and others fought for their recognition for over 70 years. <https://youtu.be/4eI-JpPpf5g>



EXPLAIN

- Based on these resources, share what you have learned about Filipino American culture and the impact they have had on our state and country.
- As you explored these resources, what aspects of Filipino American culture and/or the contributions of Filipino Americans are you newly curious about? (Social Justice Standard D.I. 9-12.8)



ENGAGE FURTHER

- Explore this **'Under One Flag' exhibit** to learn more about the **military contributions of Filipino Americans**. <https://dutytocountry.org/exhibition/>
- Learn how **the history of many Filipino Americans** can be traced back to **Stockton, CA**. <https://youtu.be/oX19ruCpp90>
- Learn about **adobo**, the national dish of the Philippines, and the importance of other **Filipino foods**. <https://youtu.be/zwnhQpxoF2s>. Try your hand at making **lumpia**. <https://tasty.co/recipe/homemade-lumpia>



