Available Daily

Your Complete Lunch will Include:

1. Start with at least One Fruit or Vegetable
   • Assorted Fresh & Canned Fruit
   • Fresh Rainbow Vegetable Tray
   • Hot Vegetable of the Day

2. Choose One Daily Menu Entrée Items:
   In addition offered daily:
   • Chef Salad
   • Sunbutter & Jelly
   • Peanut Butter & Jelly
   • Bagel Box

3. Choose One 8 oz. Milk
   • Low-Fat White
   • Flavored Milk

This institution is an equal opportunity provider. Menus are subject to change.

Torrington Public Schools
Forbes and Southwest Elementary

WEEK 1

Wednesday, November 1
Hamburger or Cheeseburger or Boars Head Ham & Cheese
Oven Fries

Thursday, November 2
Mandarin Orange Chicken or Boars Head Turkey & Cheese
Seasoned Brown Rice
Steamed Oriental Veggie Blend

Friday, November 3
Personal Pizza or Boars Head Ham & Cheese
Mixed Greens Salad w/ Tomatoes

WEEK 2

Monday, November 6
Chicken Nuggets with a Roll or Boars Head Turkey & Cheese
Sweet Potato Fries

Tuesday, November 7
NO SCHOOL

Wednesday, November 8
Pizza Crunchers w/Marinara Sauce or Boars Head Turkey & Cheese
Fresh Steamed Broccoli

Thursday, November 9
THANKSGIVING FEAST DAY
Oven Roasted Turkey & Gravy
Mashed Potatoes/ Stuffing
Sweet Corn/ Cranberry Sauce

Friday, November 10
Stuffed Crust Pizza or Boars Head Turkey & Cheese
Garden Salad

SUNDAY, NOV. 5
DON’T FORGET TO SET YOUR CLOCKS BACK 1 HOUR

Available Daily

Breakfast is Offered Daily
• Assorted Cereals
• Assorted Muffins
• Cinnamon Buns
• Bagels
• Hot Sandwiches
Fruit, Juice, & Milk Included

**Some Items Not Offered Daily**
### Week 3

**Monday, November 13**
- French Toast Stix or Boars Head Ham & Cheese
- Turkey Sausage Patty
- Hash Brown Potatoes.

**Tuesday, November 14**
- Chicken Street Tacos or Boars Head Turkey & Cheese
- Seasoned Brown Rice

**Wednesday, November 15**
- Hot Dog on a Whole Wheat Bun or Boars Head Ham & Cheese
- Baked Beans
- Steamed Carrots/ Oven Fries

**Thursday, November 16**
- Meatball Grinder w/Melted Cheese or Boars Head Turkey & Cheese
- Fresh Steamed Broccoli.

**Friday, November 17**
- Cheese Pizza or Boars Head Ham & Cheese
- Mixed Green Salad w/Tomatoes

### Week 4

**Monday, November 20**
- Cheese Quesadilla or Chicken or Boars Head Turkey & Cheese
- Seasoned Brown Rice

**Tuesday, November 21**
- Hamburger or Cheeseburger on a Bun or Boars Head Ham & Cheese
- Oven Fries
- Corn

**Wednesday, November 22**
- Turkey Sausage Patty or Boars Head Turkey & Cheese
- Baked Beans
- Steamed Carrots/ Oven Fries

**Thursday, November 23**
- Meatball Grinder w/Melted Cheese or Boars Head Turkey & Cheese
- Fresh Steamed Broccoli.

**Friday, November 24**
- Cheese Pizza or Boars Head Ham & Cheese
- Mixed Green Salad w/Tomatoes